



Your Care, Even Between Visits

We're excited to offer programs designed to keep you healthy, connected, and supported even when you're not in the office.



CCM

Chronic Care
Management



CoCM

Collaborative Care
Management



RPM

Remote Patient
Monitoring

More support. Better coordination. Better health.



These patient-centered programs are designed for anyone who wants proactive, personalized care.



Ready to Join?

Questions?

Talk to our front desk staff today!



**SACO RIVER
MEDICAL
GROUP**



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**More Support.
Better
Coordination.
Better Health.**

These patient-centered programs are designed for anyone who wants proactive, personalized care.

- ✓ Stay connected to your healthcare team
- ✓ Prevent hospital visits and manage chronic conditions like diabetes or high blood pressure
- ✓ Get answers to questions between appointments
- ✓ Receive care focused on your personal goals
- ✓ Track vital signs safely from home
- ✓ Access support for stress, anxiety, or depression
- ✓ Benefit from 24/7 clinical monitoring
- ✓ Enjoy the convenience of remote check-ins and fewer office visits



We bring together behavioral, physical, and chronic care so all aspects of your health are managed under one coordinated plan.

♥ Take charge of your health—enroll today and stay supported every step of the way!



Chronic Care Management (CCM)

For patients with two or more chronic conditions like diabetes, high blood pressure, heart disease, or asthma.

With CCM, you get:

- Monthly check-ins with your care team
- Medication review and refill support
- A personalized care plan just for you
- Help scheduling specialists and tests
- Access to clinical support via call, text or email



This program provides proactive care, better coordination, and continuous support from a dedicated care team.



Collaborative Care Management (CoCM)

Get behavioral health support right in your primary care office. We work together to help with depression, anxiety, stress, and other concerns.

With CoCM, you'll receive:

- Regular behavioral health check-ins
- Support from your care manager via call, text or email
- Psychiatric consultation when needed
- Medication monitoring
- Team-based treatment planning



We bring together behavioral, physical, and chronic care so all aspects of your health are managed under one coordinated plan.



Remote Patient Monitoring (RPM)

Monitor your health safely from home using secure devices that automatically share your readings with your care team.

With RPM, you can:

- Track blood pressure, weight, blood sugar, or oxygen levels
- Detect health changes early
- Reduce unnecessary office visits
- Better manage chronic conditions
- Support from your care manager via call, text or email
- Have peace of mind for you and your family



Stay connected, stay in control, and feel confident about your health - right from home.



Enrollment & Insurance

Our team will explain everything clearly before you enroll — so there are no surprises.

Joining is voluntary. Some programs may have a small monthly copay depending on your insurance.



You can also call your health insurance company and ask if they cover Chronic Care Management (CCM) services.

Be sure to ask if there are any out-of-pocket costs, such as a copay, coinsurance, or deductible, so you know what to expect.

